

Twice Born Ministry

HS-K-K2-HEA-101: Growing Strong Bodies & Hearts

Course Code: HS-K-K2-HEA-101

Credit Hours: 0

King James Version (KJV) — Sola Scriptura Curriculum

Generated 2026-07-03

Course Description

HS-K-K2-HEA-101: Growing Strong Bodies & Hearts

Course Description

Nutrition, sleep, exercise, emotions, and safety — caring for the body God gave us.

Core Knowledge facts + honest secular framing + biblical conclusions. Part of the **Twice Born Bible School

Homeschool K-12 **track (grade band K-2**)**.

Course Details

Learning Outcomes

Upon completion, students will be able to:

- Master Core Knowledge objectives for this subject at the K-2 level.

- State relevant secular views fairly when applicable.

- Test claims by Scripture (Isaiah 8:20) and conclude biblically.

- Complete module quizzes at 70% or higher (parent proctor allowed).

- Demonstrate readiness for the next grade band or college catalog bridge courses.

Module Structure

9 modules (~4 weeks each). Each includes

exposition, activities, memory work, parent check-in, and aligned quiz.

Tutor AI

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[tb_ai_instructor course_code="HS-K-K2-HEA-101"]
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Twice Born Bible School — Homeschool K-12 Track

Course Modules

HS-K-K2-HEA-101 — Module 1: God Made My Body Special

Grade band: K-2 | **Subject:** Health | **Weeks covered:** ~4

Introduction

Welcome to Module 1 of **Growing Strong Bodies & Hearts**. This unit covers **God Made My Body Special** using

Core Knowledge-style fact-building plus Twice Born Bible School's **Know → Test → Conclude** method.

Open your King James Bible before secular sources. Pray for wisdom and love (James 1:5).

Core Knowledge: What to Learn

Master Core Knowledge facts for **God Made My Body Special**: key terms, dates, names, and concepts appropriate for grade band K-2. Use encyclopedia, atlas, or approved text.

Scripture Anchor

Primary anchor for **God Made My Body Special**:

- Proverbs 1:7 — "The fear of the LORD is the beginning of knowledge."

Family discussion: Read the passage in context. Ask: Who is speaking? What is promised?

How does this change how we view **God Made My Body Special**?

Know Secular → Test by Scripture → Conclude Biblically

1. Know (Secular/Historical Content)

State the mainstream academic or cultural view fairly — no straw men. Write key vocabulary in your notebook.

2. Test (Scripture)

Use the Isaiah 8:20 principle: "To the law and to the testimony: if they speak not according to this word, it is because there is no light in them."

3. Conclude (Biblical Response)

Conclude: All truth is God's truth; facts discovered honestly glorify the Creator. Where culture contradicts Scripture, we submit to God's Word with courage and love.

Activities

- Coloring map or story page
- • Hands-on craft or nature walk
- • Oral quiz with parent

Memory Work

- One verse (KJV) related to **God Made My Body Special**
- • Three vocabulary words

Parent Check-In

- Can your child explain **God Made My Body Special** in their own words?
- Can they state one secular idea AND one biblical conclusion?
- Complete quizzes/module_01_quiz.json when ready.

College Pathway Note

Related college courses: TBM-HP-101

Twice Born Bible School — Homeschool K-12

HS-K-K2-HEA-101 — Module 2: Healthy Foods God Provides

Grade band: K-2 | **Subject:** Health | **Weeks covered:** ~4

Introduction

Welcome to Module 2 of **Growing Strong Bodies & Hearts**. This unit covers **Healthy Foods God Provides** using

Core Knowledge-style fact-building plus Twice Born Bible School's **Know → Test → Conclude** method.

Open your King James Bible before secular sources. Pray for wisdom and love (James 1:5).

Core Knowledge: What to Learn

Master Core Knowledge facts for **Healthy Foods God Provides**: key terms, dates, names, and concepts appropriate for grade band K-2. Use encyclopedia, atlas, or approved text.

Scripture Anchor

Primary anchor for **Healthy Foods God Provides**:

- Proverbs 1:7 — "The fear of the LORD is the beginning of knowledge."

Family discussion: Read the passage in context. Ask: Who is speaking? What is promised?

How does this change how we view **Healthy Foods God Provides**?

Know Secular → Test by Scripture → Conclude Biblically

1. Know (Secular/Historical Content)

State the mainstream academic or cultural view fairly — no straw men. Write key vocabulary in your notebook.

2. Test (Scripture)

Use the Isaiah 8:20 principle: "To the law and to the testimony: if they speak not according to this word, it is because there is no light in them."

3. Conclude (Biblical Response)

Conclude: All truth is God's truth; facts discovered honestly glorify the Creator. Where culture contradicts Scripture, we submit to God's Word with courage and love.

Activities

- Coloring map or story page
- Hands-on craft or nature walk
- Oral quiz with parent

Memory Work

- One verse (KJV) related to **Healthy Foods God Provides**
- Three vocabulary words

Parent Check-In

- Can your child explain **Healthy Foods God Provides** in their own words?

- Can they state one secular idea AND one biblical conclusion?
- Complete quizzes/module_02_quiz.json when ready.

College Pathway Note

Related college courses: TBM-HP-101

Twice Born Bible School — Homeschool K-12

HS-K-K2-HEA-101 — Module 3: Sleep and Rest Are Good

Grade band: K-2 | **Subject:** Health | **Weeks covered:** ~4

Introduction

Welcome to Module 3 of **Growing Strong Bodies & Hearts**. This unit covers **Sleep and Rest Are Good** using

Core Knowledge-style fact-building plus Twice Born Bible School's **Know → Test → Conclude** method.

Open your King James Bible before secular sources. Pray for wisdom and love (James 1:5).

Core Knowledge: What to Learn

Master Core Knowledge facts for **Sleep and Rest Are Good**: key terms, dates, names, and concepts appropriate for grade band K-2. Use encyclopedia, atlas, or approved text.

Scripture Anchor

Primary anchor for **Sleep and Rest Are Good**:

- Proverbs 1:7 — "The fear of the LORD is the beginning of knowledge."

Family discussion: Read the passage in context. Ask: Who is speaking? What is promised?

How does this change how we view **Sleep and Rest Are Good**?

Know Secular → Test by Scripture → Conclude Biblically

1. Know (Secular/Historical Content)

State the mainstream academic or cultural view fairly — no straw men. Write key vocabulary in your notebook.

2. Test (Scripture)

Use the Isaiah 8:20 principle: "To the law and to the testimony: if they speak not according to this word, it is because there is no light in them."

3. Conclude (Biblical Response)

Conclude: All truth is God's truth; facts discovered honestly glorify the Creator. Where culture contradicts Scripture, we submit to God's Word with courage and love.

Activities

- Coloring map or story page
- • Hands-on craft or nature walk
- • Oral quiz with parent

Memory Work

- One verse (KJV) related to **Sleep and Rest Are Good**
- • Three vocabulary words

Parent Check-In

- Can your child explain **Sleep and Rest Are Good** in their own words?
- Can they state one secular idea AND one biblical conclusion?
- Complete quizzes/module_03_quiz.json when ready.

College Pathway Note

Related college courses: TBM-HP-101

Twice Born Bible School — Homeschool K-12

HS-K-K2-HEA-101 — Module 4: Exercise and Play Outside

Grade band: K-2 | **Subject:** Health | **Weeks covered:** ~4

Introduction

Welcome to Module 4 of **Growing Strong Bodies & Hearts**. This unit covers **Exercise and Play Outside** using

Core Knowledge-style fact-building plus Twice Born Bible School's **Know** → **Test** → **Conclude** method.

Open your King James Bible before secular sources. Pray for wisdom and love (James 1:5).

Core Knowledge: What to Learn

Master Core Knowledge facts for **Exercise and Play Outside**: key terms, dates, names, and concepts appropriate for grade band K-2. Use encyclopedia, atlas, or approved text.

Scripture Anchor

Primary anchor for **Exercise and Play Outside**:

- Proverbs 1:7 — "The fear of the LORD is the beginning of knowledge."

Family discussion: Read the passage in context. Ask: Who is speaking? What is promised?

How does this change how we view **Exercise and Play Outside**?

Know Secular → Test by Scripture → Conclude Biblically

1. Know (Secular/Historical Content)

State the mainstream academic or cultural view fairly — no straw men. Write key vocabulary in your notebook.

2. Test (Scripture)

Use the Isaiah 8:20 principle: "To the law and to the testimony: if they speak not according to this word, it is because there is no light in them."

3. Conclude (Biblical Response)

Conclude: All truth is God's truth; facts discovered honestly glorify the Creator. Where culture contradicts Scripture, we submit to God's Word with courage and love.

Activities

- Coloring map or story page

- Hands-on craft or nature walk
- Oral quiz with parent

Memory Work

- One verse (KJV) related to **Exercise and Play Outside**

- Three vocabulary words

Parent Check-In

- Can your child explain **Exercise and Play Outside** in their own words?

- Can they state one secular idea AND one biblical conclusion?

- Complete quizzes/module_04_quiz.json when ready.

College Pathway Note

Related college courses: TBM-HP-101

Twice Born Bible School — Homeschool K-12

HS-K-K2-HEA-101 — Module 5: Feelings: Happy, Sad, Angry

Grade band: K-2 | **Subject:** Health | **Weeks covered:** ~4

Introduction

Welcome to Module 5 of **Growing Strong Bodies & Hearts**. This unit covers **Feelings: Happy, Sad, Angry** using

Core Knowledge-style fact-building plus Twice Born Bible School's **Know → Test → Conclude** method.

Open your King James Bible before secular sources. Pray for wisdom and love (James 1:5).

Core Knowledge: What to Learn

Master Core Knowledge facts for **Feelings: Happy, Sad, Angry**: key terms, dates, names, and concepts appropriate for grade band K-2. Use encyclopedia, atlas, or approved text.

Scripture Anchor

Primary anchor for **Feelings: Happy, Sad, Angry**:

- Proverbs 1:7 — "The fear of the LORD is the beginning of knowledge."

Family discussion: Read the passage in context. Ask: Who is speaking? What is promised?

How does this change how we view **Feelings: Happy, Sad, Angry**?

Know Secular → Test by Scripture → Conclude Biblically

1. Know (Secular/Historical Content)

State the mainstream academic or cultural view fairly — no straw men. Write key vocabulary in your notebook.

2. Test (Scripture)

Use the Isaiah 8:20 principle: "To the law and to the testimony: if they speak not according to this word, it is because there is no light in them."

3. Conclude (Biblical Response)

Conclude: All truth is God's truth; facts discovered honestly glorify the Creator. Where culture contradicts Scripture, we submit to God's Word with courage and love.

Activities

- Coloring map or story page

- • Hands-on craft or nature walk
- • Oral quiz with parent

Memory Work

- One verse (KJV) related to **Feelings: Happy, Sad, Angry**

- • Three vocabulary words

Parent Check-In

- Can your child explain **Feelings: Happy, Sad, Angry** in their own words?
- Can they state one secular idea AND one biblical conclusion?
- Complete quizzes/module_05_quiz.json when ready.

College Pathway Note

Related college courses: TBM-HP-101

Twice Born Bible School — Homeschool K-12

HS-K-K2-HEA-101 — Module 6: Wash Hands and Stay Clean

Grade band: K-2 | **Subject:** Health | **Weeks covered:** ~4

Introduction

Welcome to Module 6 of **Growing Strong Bodies & Hearts**. This unit covers **Wash Hands and Stay Clean** using

Core Knowledge-style fact-building plus Twice Born Bible School's **Know → Test → Conclude** method.

Open your King James Bible before secular sources. Pray for wisdom and love (James 1:5).

Core Knowledge: What to Learn

Master Core Knowledge facts for **Wash Hands and Stay Clean**: key terms, dates, names, and concepts appropriate for grade band K-2. Use encyclopedia, atlas, or approved text.

Scripture Anchor

Primary anchor for **Wash Hands and Stay Clean**:

- Proverbs 1:7 — "The fear of the LORD is the beginning of knowledge."

Family discussion: Read the passage in context. Ask: Who is speaking? What is promised?

How does this change how we view **Wash Hands and Stay Clean**?

Know Secular → Test by Scripture → Conclude Biblically

1. Know (Secular/Historical Content)

State the mainstream academic or cultural view fairly — no straw men. Write key vocabulary in your notebook.

2. Test (Scripture)

Use the Isaiah 8:20 principle: "To the law and to the testimony: if they speak not according to this word, it is because there is no light in them."

3. Conclude (Biblical Response)

Conclude: All truth is God's truth; facts discovered honestly glorify the Creator. Where culture contradicts Scripture, we submit to God's Word with courage and love.

Activities

- Coloring map or story page
- • Hands-on craft or nature walk
- • Oral quiz with parent

Memory Work

- One verse (KJV) related to **Wash Hands and Stay Clean**
- • Three vocabulary words

Parent Check-In

- Can your child explain **Wash Hands and Stay Clean** in their own words?
- Can they state one secular idea AND one biblical conclusion?
- Complete quizzes/module_06_quiz.json when ready.

College Pathway Note

Related college courses: TBM-HP-101

Twice Born Bible School — Homeschool K-12

HS-K-K2-HEA-101 — Module 7: Safety at Home and Outside

Grade band: K-2 | **Subject:** Health | **Weeks covered:** ~4

Introduction

Welcome to Module 7 of **Growing Strong Bodies & Hearts**. This unit covers **Safety at Home and Outside** using

Core Knowledge-style fact-building plus Twice Born Bible School's **Know → Test → Conclude** method.

Open your King James Bible before secular sources. Pray for wisdom and love (James 1:5).

Core Knowledge: What to Learn

Master Core Knowledge facts for **Safety at Home and Outside**: key terms, dates, names, and concepts appropriate for grade band K-2. Use encyclopedia, atlas, or approved text.

Scripture Anchor

Primary anchor for **Safety at Home and Outside**:

- Proverbs 1:7 — "The fear of the LORD is the beginning of knowledge."

Family discussion: Read the passage in context. Ask: Who is speaking? What is promised?

How does this change how we view **Safety at Home and Outside**?

Know Secular → Test by Scripture → Conclude Biblically

1. Know (Secular/Historical Content)

State the mainstream academic or cultural view fairly — no straw men. Write key vocabulary in your notebook.

2. Test (Scripture)

Use the Isaiah 8:20 principle: "To the law and to the testimony: if they speak not according to this word, it is because there is no light in them."

3. Conclude (Biblical Response)

Conclude: All truth is God's truth; facts discovered honestly glorify the Creator. Where culture contradicts Scripture, we submit to God's Word with courage and love.

Activities

- Coloring map or story page

- Hands-on craft or nature walk
- Oral quiz with parent

Memory Work

- One verse (KJV) related to **Safety at Home and Outside**

- Three vocabulary words

Parent Check-In

- Can your child explain **Safety at Home and Outside** in their own words?
- Can they state one secular idea AND one biblical conclusion?
- Complete quizzes/module_07_quiz.json when ready.

College Pathway Note

Related college courses: TBM-HP-101

Twice Born Bible School — Homeschool K-12

HS-K-K2-HEA-101 — Module 8: Helping and Sharing

Grade band: K-2 | **Subject:** Health | **Weeks covered:** ~4

Introduction

Welcome to Module 8 of **Growing Strong Bodies & Hearts**. This unit covers **Helping and Sharing** using

Core Knowledge-style fact-building plus Twice Born Bible School's **Know** → **Test** → **Conclude** method.

Open your King James Bible before secular sources. Pray for wisdom and love (James 1:5).

Core Knowledge: What to Learn

Master Core Knowledge facts for **Helping and Sharing**: key terms, dates, names, and concepts appropriate for grade band K-2. Use encyclopedia, atlas, or approved text.

Scripture Anchor

Primary anchor for **Helping and Sharing**:

- Proverbs 1:7 — "The fear of the LORD is the beginning of knowledge."

Family discussion: Read the passage in context. Ask: Who is speaking? What is promised?

How does this change how we view **Helping and Sharing**?

Know Secular → Test by Scripture → Conclude Biblically

1. Know (Secular/Historical Content)

State the mainstream academic or cultural view fairly — no straw men. Write key vocabulary in your notebook.

2. Test (Scripture)

Use the Isaiah 8:20 principle: "To the law and to the testimony: if they speak not according

to this word, it is because there is no light in them."

3. Conclude (Biblical Response)

Conclude: All truth is God's truth; facts discovered honestly glorify the Creator. Where culture contradicts Scripture, we submit to God's Word with courage and love.

Activities

- Coloring map or story page
- • Hands-on craft or nature walk
- • Oral quiz with parent

Memory Work

- One verse (KJV) related to **Helping and Sharing**
- • Three vocabulary words

Parent Check-In

- Can your child explain **Helping and Sharing** in their own words?
- Can they state one secular idea AND one biblical conclusion?
- Complete quizzes/module_08_quiz.json when ready.

College Pathway Note

Related college courses: TBM-HP-101

Twice Born Bible School — Homeschool K-12

HS-K-K2-HEA-101 — Module 9: Strong Body, Thankful Heart

Grade band: K-2 | **Subject:** Health | **Weeks covered:** ~4

Introduction

Welcome to Module 9 of **Growing Strong Bodies & Hearts**. This unit covers **Strong Body, Thankful Heart** using

Core Knowledge-style fact-building plus Twice Born Bible School's **Know → Test → Conclude** method.

Open your King James Bible before secular sources. Pray for wisdom and love (James 1:5).

Core Knowledge: What to Learn

Master Core Knowledge facts for **Strong Body, Thankful Heart**: key terms, dates, names, and concepts appropriate for grade band K-2. Use encyclopedia, atlas, or approved text.

Scripture Anchor

Primary anchor for **Strong Body, Thankful Heart**:

- Proverbs 1:7 — "The fear of the LORD is the beginning of knowledge."

Family discussion: Read the passage in context. Ask: Who is speaking? What is promised?

How does this change how we view **Strong Body, Thankful Heart**?

Know Secular → Test by Scripture → Conclude Biblically

1. Know (Secular/Historical Content)

State the mainstream academic or cultural view fairly — no straw men. Write key vocabulary in your notebook.

2. Test (Scripture)

Use the Isaiah 8:20 principle: "To the law and to the testimony: if they speak not according to this word, it is because there is no light in them."

3. Conclude (Biblical Response)

Conclude: All truth is God's truth; facts discovered honestly glorify the Creator. Where culture contradicts Scripture, we submit to God's Word with courage and love.

Activities

- Coloring map or story page
- Hands-on craft or nature walk
- Oral quiz with parent

Memory Work

- One verse (KJV) related to **Strong Body, Thankful Heart**
- Three vocabulary words

Parent Check-In

- Can your child explain **Strong Body, Thankful Heart** in their own words?
- Can they state one secular idea AND one biblical conclusion?
- Complete quizzes/module_09_quiz.json when ready.

College Pathway Note

Related college courses: TBM-HP-101

Twice Born Bible School — Homeschool K-12

Appendix A — Assignments

Week 01

Week 01 Assignment — Reflection Journal

Course: HS-K-K2-HEA-101 · Growing Strong Bodies & Hearts

Week focus: module_01_god_made_my_body_special

Learning objective (Bloom's taxonomy)

Students will **analyze** course content from **module_01_god_made_my_body_special** with KJV integration and measurable evidence in the submission.

Task

Analyze: Write a 300–500 word reflection on **module_01_god_made_my_body_special**. Include at least two KJV citations and one personal application.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, module, special

Week 02

Week 02 Assignment — Memory Verse Application

Course: HS-K-K2-HEA-101 · Growing Strong Bodies & Hearts

Week focus: module_02_healthy_foods_god_provides

Learning objective (Bloom's taxonomy)

Students will **apply** course content from **module_02_healthy_foods_god_provides** with KJV integration and measurable evidence in the submission.

Task

Apply: Recite this week's memory verse from memory, then write 250 words explaining how it applies to daily discipleship.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, module, healthy, foods

Week 03

Week 03 Assignment — Expository Outline

Course: HS-K-K2-HEA-101 · Growing Strong Bodies & Hearts

Week focus: module_03_sleep_and_rest_are_good

Learning objective (Bloom's taxonomy)

Students will **outline** course content from **module_03_sleep_and_rest_are_good** with KJV integration and measurable evidence in the submission.

Task

Outline: Produce a structured outline (400+ words) for the main passage in **module_03_sleep_and_rest_are_good**. Include pericope titles and one-sentence themes.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, module, sleep

Week 04

Week 04 Assignment — Discussion Response

Course: HS-K-K2-HEA-101 · Growing Strong Bodies & Hearts

Week focus: module_04_exercise_and_play_outside

Learning objective (Bloom's taxonomy)

Students will **explain** course content from **module_04_exercise_and_play_outside** with KJV integration and measurable evidence in the submission.

Task

Explain: Answer two discussion prompts from the Week 4 reading in 200 words each. Cite KJV only.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)**Auto-grade hints**

Keywords for automated pre-check: KJV, Christ, Scripture, God, module, exercise, outside

Week 05**Week 05 Assignment — Practical Ministry Step**

Course: HS-K-K2-HEA-101 · Growing Strong Bodies & Hearts

Week focus: module_05_feelings_happy_sad_angry

Learning objective (Bloom's taxonomy)

Students will **demonstrate** course content from **module_05_feelings_happy_sad_angry** with KJV integration and measurable evidence in the submission.

Task

Demonstrate: Complete one practical ministry action tied to **module_05_feelings_happy_sad_angry** (visit, prayer walk, family worship, or service). Submit a 200-word report plus optional photo upload.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Manual review (practical/upload).

Pass: 70%

Rubric (100 points)**Week 06****Week 06 Assignment — Witness Outline**

Course: HS-K-K2-HEA-101 · Growing Strong Bodies & Hearts

Week focus: module_06_wash_hands_and_stay_clean

Learning objective (Bloom's taxonomy)

Students will **construct** course content from **module_06_wash_hands_and_stay_clean** with KJV integration and measurable evidence in the submission.

Task

Construct: Draft a 3-minute spoken witness outline using this week's theme. Include gospel bridge, one objection with biblical answer, and call to faith.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, module, hands, clean

Week 07

Week 07 Assignment — Cross-Reference Study

Course: HS-K-K2-HEA-101 · Growing Strong Bodies & Hearts

Week focus: module_07_safety_at_home_and_outside

Learning objective (Bloom's taxonomy)

Students will **compare** course content from **module_07_safety_at_home_and_outside** with KJV integration and measurable evidence in the submission.

Task

Compare: Find three cross-references that illuminate **module_07_safety_at_home_and_outside**. Write 400 words comparing themes (OT + NT).

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, module, safety, outside

Week 08

Week 08 Assignment — Historical Context Brief

Course: HS-K-K2-HEA-101 · Growing Strong Bodies & Hearts

Week focus: module_08_helping_and_sharing

Learning objective (Bloom's taxonomy)

Students will **describe** course content from **module_08_helping_and_sharing** with KJV integration and measurable evidence in the submission.

Task

Describe: Write 350 words on historical/literary context for **module_08_helping_and_sharing**. Minimum four KJV citations.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, module, helping, sharing

Week 09

Week 09 Assignment — Christological Connection Essay

Course: HS-K-K2-HEA-101 · Growing Strong Bodies & Hearts

Week focus: module_09_strong_body_thankful_heart

Learning objective (Bloom's taxonomy)

Students will **evaluate** course content from **module_09_strong_body_thankful_heart** with KJV integration and measurable evidence in the submission.

Task

Evaluate: Explain how **module_09_strong_body_thankful_heart** points to Christ in 400–600 words. Use literal-grammatical-historical method.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, module, strong, thankful

Week 10

Week 10 Assignment — Teaching Prep

Course: HS-K-K2-HEA-101 · Growing Strong Bodies & Hearts

Week focus: module_09_strong_body_thankful_heart

Learning objective (Bloom's taxonomy)

Students will **design** course content from **module_09_strong_body_thankful_heart** with KJV integration and measurable evidence in the submission.

Task

Design: Prepare a 5-minute teaching outline for **module_09_strong_body_thankful_heart** suitable for a small group or homeschool lesson.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, module, strong, thankful

Week 11

Week 11 Assignment — Integration & Review

Course: HS-K-K2-HEA-101 · Growing Strong Bodies & Hearts

Week focus: module_09_strong_body_thankful_heart

Learning objective (Bloom's taxonomy)

Students will **synthesize** course content from **module_09_strong_body_thankful_heart** with KJV integration and measurable evidence in the submission.

Task

Synthesize: Synthesize the top five themes from Growing Strong Bodies & Hearts. 600 words, minimum six KJV citations, one paragraph on personal growth.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, module, strong, thankful

Week 12

Learning objective (Bloom's taxonomy)

Students will **create** an original ministry artifact synthesizing Growing Strong Bodies & Hearts with KJV fidelity and scholarship-gallery quality.

Week 12 Assignment — Creative Ministry Project

Course: HS-K-K2-HEA-101 · Growing Strong Bodies & Hearts

Complete your Creative Ministry Project. See course `creative_project.md` for full specs.

Grading

Grading mode: Manual review (creative upload).

Pass: 70%

Rubric (100 points)

Creative Ministry Project

Creative Ministry Project — HS-K-K2-HEA-101

Course: Growing Strong Bodies & Hearts

Code: HS-K-K2-HEA-101

Overview

Complete an original **Creative Ministry Project** demonstrating what you learned in this course. Select one project type when submitting your assignment. Approved work may appear in the [Scholarship Gallery](<https://twicebornministry.com/bible-school/scholarships/>) so supporters can **donate toward student scholarships** — you retain credit and ownership of your work.

> This is ministry education, not a sale of intellectual property. Donations fund scholarships.

Project types

Requirements

Original work — cite all Scripture in KJV; footnote other sources.

Course connection — explicitly tie your project to at least two module themes from HS-K-K2-HEA-101.

Ministry focus — aim to edify believers or reach seekers with the gospel.

Upload — submit via the **Creative Ministry Project** assignment at the end of the course; select your project type in the form.

Length guides:

- Written: 800–1500 words
- Audio/Video: see durations above
- Photography: 1–3 images + caption
- Application: working prototype + 300-word user guide

Grading rubric (100 points)

Pass: 70%

Scholarship gallery

If your project is approved, it may be listed at /bible-school/scholarships/ with a **Support this student** donation button. Supporters give toward the scholarship fund for your project type — not to purchase your content.

Prayer

> *"Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O LORD, my strength, and my redeemer."* — Psalm 19:14 (KJV)