

Twice Born Ministry

TBM-HP-101: Healing Protocol Foundations & Ketosis Science

Course Code: TBM-HP-101

Credit Hours: 2

King James Version (KJV) — Sola Scriptura Curriculum

Generated 2026-06-30

Course Description

TBM-HP-101: Healing Protocol Foundations & Ketosis Science

Course Description

HP Ch 1-4; metabolic healing

This Wellness Track course applies the Healing Protocol — nutrient-dense ketogenic nutrition integrated with biblical stewardship of the body (1 Corinthians 6:19-20).

Primary source book: Healing Protocol

This course is part of **Layer 3 — TBM Book Track** in the Twice Born Ministry Bible School catalog.

Course Details

Learning Outcomes

Upon completion, students will be able to:

- Summarize the source book's argument structure for this course segment.
- Defend course themes with KJV scripture using literal-grammatical-historical method.
- Distinguish biblical Christianity from the worldviews or practices examined.
- Apply lessons in witness practice, research, or stewardship as assigned.
- Complete module quizzes, assignments, and final exam at 70% or higher.

Module Structure

Each lesson (8–10 modules) maps to book chapters or thematic sections. Lessons include exposition, evidence notes, witness application, discussion prompts, and aligned quizzes.

Assessment Overview

- **Module quizzes:** JSON with embedded answer keys (70% pass).
- **Assignments:** Witness practice, research papers (apologetics), or practical plans (wellness/stewardship).

- • **Group projects:** Debate teams and outreach planning where noted.
- • **Final exam:** Comprehensive written assessment.
- • **Video scripts:** 3–5 production-ready scripts including soul-winning demos for apologetics tracks.

Christian Guardrails

- • King James Bible as citation standard.
- • Oppose false doctrine; love people (Jude 22-23).
- • Source books inform structure; Scripture judges all claims.
- • Academic integrity required; AI assists study, not original witness logs.

Instructor Notes

Professor Shepherd AI: [tb_ai_instructor course_code="TBM-HP-101"]

Twice Born Ministry Bible School — Layer 3 TBM Book Track

Course Modules

TBM-HP-101 — Lesson 1: Welcome to the Healing Protocol

Introduction

Welcome to Lesson 1 of **Healing Protocol Foundations & Ketosis Science**. This session covers **Welcome to the Healing Protocol**,

drawn from the structure of *Healing Protocol* in the **Wellness Track** track. Complete BS-FND-100 before

advanced TBM courses; AP-501 is recommended for apologetics-heavy tracks.

Twice Born Ministry book-track courses teach *from* published manuscripts — organizing chapter themes into college-level lessons without replacing the books. Purchase or borrow the source volume for full citations, charts, and extended case studies referenced in class.

Pray for wisdom and love before studying contested topics. We contend for souls, not scoring debate points (Jude 3; 1 Peter 3:15).

Book Structure and Teaching Aim

Welcome to the Healing Protocol advances the source book's cumulative case. Students should identify:

- (1) the claim being tested, (2) the evidence standard applied, (3) the scripture anchor, and
- (4) the witness or stewardship application.

Chapter themes from source material:

- • Why This Guide Exists
- • Who This Is For
- • Core Principles
- • Safety Disclaimer

Concept summary (paraphrase): Your body was designed to heal. This 30-day system gives you the meals, macros, and rhythms to reduce inflammatory load, stabilize blood sugar, and rebuild eating habits around whole foods — without the bacon-and-cheese keto cliché. Why This Guide Exists The Healing Protocol is a practical, high-nutrition ketogenic system designed to reduce inflammatory load, stabilize blood sugar, and rebuild daily eating habits around whole foods. Unlike generic keto plans that

emphasize bacon and cheese, this protocol prioritizes nutrient density: leafy greens, quality proteins, healthy fats, and mineral-rich broths. ■ **Quick Win:** Before you change a single meal, drink 16 oz of water with a pinch of sea salt tomorrow morning. Most "keto flu" on Day 1 is dehydration, not carb...

Do not treat lesson summaries as a substitute for reading assigned book sections. Use this module to organize notes, prepare quizzes, and rehearse gospel conversations.

Scripture Exposition

Anchor **Welcome to the Healing Protocol** in the Word. Assigned references:

- **Isaiah 8:20** — read in context; note who speaks, to whom, and why.
- • **Acts 17:11** — read in context; note who speaks, to whom, and why.
- • **2 Timothy 3:16-17** — read in context; note who speaks, to whom, and why.

Exegesis steps: (1) Read the full paragraph. (2) Define key terms biblically. (3) Compare with clearer passages. (4) Apply to the worldview or practice under examination.

Evidence and Application

Welcome to the Healing Protocol integrates metabolic science with biblical stewardship. Document personal

baseline metrics (with physician approval where needed). Track meals, energy, and spiritual disciplines in the assignment log. Science describes mechanism; Scripture assigns meaning — your body is a temple of the Holy Spirit (1 Corinthians 6:19-20).

Common Objections and Pastoral Responses

When teaching **Welcome to the Healing Protocol**, expect pushback:

- • **"You're attacking my family tradition."** — Affirm love; distinguish people from unbiblical doctrines.
- • **"All religions are the same."** — Ask which religion accounts for sin, the cross, and the empty tomb with evidence.
- • **"That's your interpretation."** — Point to plain reading in context; invite joint Bible study.
- • **"Christians are hypocrites."** — Agree sinners fail; Christ does not. Return to the gospel.

Draft a 150-word charitable response to one objection for your quiz preparation journal.

Practical Implementation

Welcome to the Healing Protocol requires action:

- Complete the weekly checklist in your assignment folder.
- Share progress with an accountability partner.
- Connect physical or financial stewardship to worship — not anxiety or greed.
- Journal one prayer of gratitude for God's provision.

Discussion Questions

How does **Welcome to the Healing Protocol** fit the source book's overall argument?

Which scripture was most decisive for you? Why?

Where might Christians misapply this material with pride or cruelty?

How would you teach this lesson to a high school homeschool cohort?

What gospel element (sin, cross, faith, response) must not be omitted in witness?

Summary and Next Steps

Lesson 1 organized *Healing Protocol* material on **Welcome to the Healing Protocol**. Complete the module

quiz (70% to advance), update your witness or stewardship journal, and preview the next lesson's reading assignment.

Soli Deo gloria.

Ministry Case Study

Imagine a congregant confused about this lesson's topic after watching online teaching that contradicts historic evangelical doctrine. Draft a pastoral response email that (1) expresses empathy, (2) clarifies biblical teaching with two references, (3) invites in-person conversation, and (4) avoids condescension. Pastoral communication is part of theological training, not an optional soft skill.

Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

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Supplemental Reading and Reflection

Assign one chapter from a standard systematic theology textbook or equivalent lecture notes. Summarize the author's definitions, note where Scripture proofs appear, and evaluate whether the Bible truly supports each claim. Theology students must read widely yet judge all teaching by the Word. Write a half-page response connecting supplemental reading to this lesson's theme.

Historical Figure Spotlight

Research one defender of orthodoxy related to this doctrine—Augustine, Athanasius, Luther, Calvin, Spurgeon, or a modern missionary martyr. Write 150 words on how their context shaped their emphasis. Standing on their shoulders, we inherit confessions forged in controversy. Imitate their courage and Scripture saturation, not necessarily every cultural application.

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Worship Integration

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TBM-HP-101 — Lesson 2: How Ketosis Supports Healing

Introduction

Welcome to Lesson 2 of **Healing Protocol Foundations & Ketosis Science**. This session covers **How Ketosis Supports Healing**,

drawn from the structure of *Healing Protocol* in the **Wellness Track** track. Complete BS-FND-100 before

advanced TBM courses; AP-501 is recommended for apologetics-heavy tracks.

Twice Born Ministry book-track courses teach *from* published manuscripts — organizing chapter themes into college-level lessons without replacing the books. Purchase or borrow the source volume for full citations, charts, and extended case studies referenced in class.

Pray for wisdom and love before studying contested topics. We contend for souls, not scoring debate points (Jude 3; 1 Peter 3:15).

Book Structure and Teaching Aim

How Ketosis Supports Healing advances the source book's cumulative case. Students should identify:

- (1) the claim being tested, (2) the evidence standard applied, (3) the scripture anchor, and
- (4) the witness or stewardship application.

Chapter themes from source material:

- • What Ketosis Is
- • Metabolic Benefits (Evidence Overview)
- • Keto vs. Standard American Diet
- • Fig. 4 — Macro Comparison
- • Inflammation & Food Quality

Concept summary (paraphrase): What Ketosis Is When carbohydrate intake is low enough for several days, the liver converts fatty acids into ketone bodies (beta-hydroxybutyrate, acetoacetate, acetone). Your brain and muscles can use ketones efficiently for fuel. Metabolic Benefits (Evidence Overview) | Mechanism | Practical Effect | |-----|-----| | Lower insulin swings | Fewer energy crashes and cravings | | Stable blood glucose | Useful for metabolic syndrome management under medical supervision | | Fat oxidation | Body learns to use stored fat between meals | | Appetite signaling | Many people report natural calorie control | ■ Clinical Note: Meta-analyses of ketogenic diets

show improvements in HbA1c and weight in many adults with type 2 diabetes — but medication adjustments are often required...

Do not treat lesson summaries as a substitute for reading assigned book sections. Use this module to organize notes, prepare quizzes, and rehearse gospel conversations.

Scripture Exposition

Anchor **How Ketosis Supports Healing** in the Word. Assigned references:

- **Isaiah 8:20** — read in context; note who speaks, to whom, and why.
- **Acts 17:11** — read in context; note who speaks, to whom, and why.
- **2 Timothy 3:16-17** — read in context; note who speaks, to whom, and why.

Exegesis steps: (1) Read the full paragraph. (2) Define key terms biblically. (3) Compare with clearer passages. (4) Apply to the worldview or practice under examination.

Evidence and Application

How Ketosis Supports Healing integrates metabolic science with biblical stewardship. Document personal

baseline metrics (with physician approval where needed). Track meals, energy, and spiritual disciplines in the assignment log. Science describes mechanism; Scripture assigns meaning — your body is a temple of the Holy Spirit (1 Corinthians 6:19-20).

Common Objections and Pastoral Responses

When teaching **How Ketosis Supports Healing**, expect pushback:

- **"You're attacking my family tradition."** — Affirm love; distinguish people from unbiblical doctrines.
- **"All religions are the same."** — Ask which religion accounts for sin, the cross, and the empty tomb with evidence.
- **"That's your interpretation."** — Point to plain reading in context; invite joint Bible study.
- **"Christians are hypocrites."** — Agree sinners fail; Christ does not. Return to the gospel.

Draft a 150-word charitable response to one objection for your quiz preparation journal.

Practical Implementation

How Ketosis Supports Healing requires action:

- • Complete the weekly checklist in your assignment folder.
- • Share progress with an accountability partner.
- • Connect physical or financial stewardship to worship — not anxiety or greed.
- • Journal one prayer of gratitude for God's provision.

Discussion Questions

How does **How Ketosis Supports Healing** fit the source book's overall argument?

Which scripture was most decisive for you? Why?

Where might Christians misapply this material with pride or cruelty?

How would you teach this lesson to a high school homeschool cohort?

What gospel element (sin, cross, faith, response) must not be omitted in witness?

Summary and Next Steps

Lesson 2 organized *Healing Protocol* material on **How Ketosis Supports Healing**. Complete the module

quiz (70% to advance), update your witness or stewardship journal, and preview the next lesson's reading assignment.

Soli Deo gloria.

Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

Ministry Case Study

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Historical Figure Spotlight

Research one defender of orthodoxy related to this doctrine—Augustine, Athanasius, Luther, Calvin, Spurgeon, or a modern missionary martyr. Write 150 words on how their context shaped their emphasis. Standing on their shoulders, we inherit confessions forged in controversy. Imitate their courage and Scripture saturation, not necessarily every cultural application.

Supplemental Reading and Reflection

Assign one chapter from a standard systematic theology textbook or equivalent lecture notes. Summarize the author's definitions, note where Scripture proofs appear, and evaluate whether the Bible truly supports each claim. Theology students must read widely yet judge all teaching by the Word. Write a half-page response connecting supplemental reading to this lesson's theme.

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Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

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Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

TBM-HP-101 — Lesson 3: Macronutrients, Micronutrients, Electrolytes

Introduction

Welcome to Lesson 3 of **Healing Protocol Foundations & Ketosis Science**. This session covers **Macronutrients, Micronutrients, Electrolytes**,

drawn from the structure of *Healing Protocol* in the **Wellness Track** track. Complete BS-FND-100 before

advanced TBM courses; AP-501 is recommended for apologetics-heavy tracks.

Twice Born Ministry book-track courses teach *from* published manuscripts — organizing chapter themes into college-level lessons without replacing the books. Purchase or borrow the source volume for full citations, charts, and extended case studies referenced in class.

Pray for wisdom and love before studying contested topics. We contend for souls, not scoring debate points (Jude 3; 1 Peter 3:15).

Book Structure and Teaching Aim

Macronutrients, Micronutrients, Electrolytes advances the source book's cumulative case. Students should identify:

- (1) the claim being tested, (2) the evidence standard applied, (3) the scripture anchor, and
- (4) the witness or stewardship application.

Chapter themes from source material:

- • Target Macros (Starting Point)
- • Essential Micronutrients on Keto
- • Electrolyte Daily Minimums (Starting Guidelines)
- • Fig. 3 — Electrolyte Food Sources
- • Hydration Rule

Concept summary (paraphrase): Target Macros (Starting Point) | Macro | Daily Target | Notes | |-----|-----|-----| | Net carbohydrates | 20–30 g | Total carbs minus fiber | | Protein | 0.7–1.0 g per lb goal body weight | Adjust for activity | | Fat | Remainder of calories | Fuel and satiety | Example (160 lb active adult, ~1,800 kcal): | Macro | Grams | Calories | |-----|-----|-----| | Net carbs | 25 g | 100 | | Protein | 130 g | 520 | | Fat | 131 g | 1,180 | Essential Micronutrients on Keto | Nutrient | Role | Top Food Sources | |-----|-----|-----| | Magnesium | Muscle, sleep, cramps | Pumpkin

seeds, spinach, dark chocolate (90%+) | |...

Do not treat lesson summaries as a substitute for reading assigned book sections. Use this module to organize notes, prepare quizzes, and rehearse gospel conversations.

Scripture Exposition

Anchor **Macronutrients, Micronutrients, Electrolytes** in the Word. Assigned references:

- **Isaiah 8:20** — read in context; note who speaks, to whom, and why.
- • **Acts 17:11** — read in context; note who speaks, to whom, and why.
- • **2 Timothy 3:16-17** — read in context; note who speaks, to whom, and why.

Exegesis steps: (1) Read the full paragraph. (2) Define key terms biblically. (3) Compare with clearer passages. (4) Apply to the worldview or practice under examination.

Evidence and Application

Macronutrients, Micronutrients, Electrolytes integrates metabolic science with biblical stewardship. Document personal

baseline metrics (with physician approval where needed). Track meals, energy, and spiritual disciplines in the assignment log. Science describes mechanism; Scripture assigns meaning — your body is a temple of the Holy Spirit (1 Corinthians 6:19-20).

Common Objections and Pastoral Responses

When teaching **Macronutrients, Micronutrients, Electrolytes**, expect pushback:

- • **"You're attacking my family tradition."** — Affirm love; distinguish people from unbiblical doctrines.
- • **"All religions are the same."** — Ask which religion accounts for sin, the cross, and the empty tomb with evidence.
- • **"That's your interpretation."** — Point to plain reading in context; invite joint Bible study.
- • **"Christians are hypocrites."** — Agree sinners fail; Christ does not. Return to the gospel.

Draft a 150-word charitable response to one objection for your quiz preparation journal.

Practical Implementation

Macronutrients, Micronutrients, Electrolytes requires action:

- Complete the weekly checklist in your assignment folder.
- Share progress with an accountability partner.
- Connect physical or financial stewardship to worship — not anxiety or greed.
- Journal one prayer of gratitude for God's provision.

Discussion Questions

How does **Macronutrients, Micronutrients, Electrolytes** fit the source book's overall argument?

Which scripture was most decisive for you? Why?

Where might Christians misapply this material with pride or cruelty?

How would you teach this lesson to a high school homeschool cohort?

What gospel element (sin, cross, faith, response) must not be omitted in witness?

Summary and Next Steps

Lesson 3 organized *Healing Protocol* material on **Macronutrients, Micronutrients, Electrolytes**.

Complete the module

quiz (70% to advance), update your witness or stewardship journal, and preview the next lesson's reading assignment.

Soli Deo gloria.

Ministry Case Study

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Supplemental Reading and Reflection

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Supplemental Reading and Reflection

Assign one chapter from a standard systematic theology textbook or equivalent lecture notes. Summarize the author's definitions, note where Scripture proofs appear, and evaluate whether the Bible truly supports each claim. Theology students must read widely yet judge all teaching by the Word. Write a half-page response connecting supplemental reading to this lesson's theme.

Historical Figure Spotlight

Research one defender of orthodoxy related to this doctrine—Augustine, Athanasius, Luther, Calvin, Spurgeon, or a modern missionary martyr. Write 150 words on how their context shaped their emphasis. Standing on their shoulders, we inherit confessions forged in controversy. Imitate their courage and Scripture saturation, not necessarily every cultural application.

Supplemental Reading and Reflection

Assign one chapter from a standard systematic theology textbook or equivalent lecture notes. Summarize the author's definitions, note where Scripture proofs appear, and evaluate whether the Bible truly supports each claim. Theology students must read widely yet judge all teaching by the Word. Write a half-page response connecting supplemental reading to this lesson's theme.

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Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

Ministry Case Study

Imagine a congregant confused about this lesson's topic after watching online teaching that contradicts historic evangelical doctrine. Draft a pastoral response email that (1) expresses empathy, (2) clarifies biblical teaching with two references, (3) invites in-person conversation, and (4) avoids condescension. Pastoral communication is part of theological training, not an optional soft skill.

Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

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Supplemental Reading and Reflection

Assign one chapter from a standard systematic theology textbook or equivalent lecture notes. Summarize the author's definitions, note where Scripture proofs appear, and evaluate whether the Bible truly supports each claim. Theology students must read widely yet judge all teaching by the Word. Write a half-page response connecting supplemental reading to this lesson's theme.

TBM-HP-101 — Lesson 4: Four-Phase Healing Protocol Overview

Introduction

Welcome to Lesson 4 of **Healing Protocol Foundations & Ketosis Science**. This session covers **Four-Phase Healing Protocol Overview**,

drawn from the structure of *Healing Protocol* in the **Wellness Track** track. Complete BS-FND-100 before

advanced TBM courses; AP-501 is recommended for apologetics-heavy tracks.

Twice Born Ministry book-track courses teach *from* published manuscripts — organizing chapter themes into college-level lessons without replacing the books. Purchase or borrow the source volume for full citations, charts, and extended case studies referenced in class.

Pray for wisdom and love before studying contested topics. We contend for souls, not scoring debate points (Jude 3; 1 Peter 3:15).

Book Structure and Teaching Aim

Four-Phase Healing Protocol Overview advances the source book's cumulative case. Students should identify:

- (1) the claim being tested, (2) the evidence standard applied, (3) the scripture anchor, and
- (4) the witness or stewardship application.

Chapter themes from source material:

- • Why This Guide Exists
- • Who This Is For
- • Core Principles
- • Safety Disclaimer

Concept summary (paraphrase): Your body was designed to heal. This 30-day system gives you the meals, macros, and rhythms to reduce inflammatory load, stabilize blood sugar, and rebuild eating habits around whole foods — without the bacon-and-cheese keto cliché. Why This Guide Exists The Healing Protocol is a practical, high-nutrition ketogenic system designed to reduce inflammatory load, stabilize blood sugar, and rebuild daily eating habits around whole foods. Unlike generic keto plans that emphasize bacon and cheese, this protocol prioritizes nutrient density: leafy greens, quality proteins, healthy fats, and mineral-rich broths. ■ Quick Win: Before you change a single meal, drink 16 oz of

water with a pinch of sea salt tomorrow morning. Most "keto flu" on Day 1 is dehydration, not carb...

Do not treat lesson summaries as a substitute for reading assigned book sections. Use this module to organize notes, prepare quizzes, and rehearse gospel conversations.

Scripture Exposition

Anchor **Four-Phase Healing Protocol Overview** in the Word. Assigned references:

- **Isaiah 8:20** — read in context; note who speaks, to whom, and why.
- **Acts 17:11** — read in context; note who speaks, to whom, and why.
- **2 Timothy 3:16-17** — read in context; note who speaks, to whom, and why.

Exegesis steps: (1) Read the full paragraph. (2) Define key terms biblically. (3) Compare with clearer passages. (4) Apply to the worldview or practice under examination.

Evidence and Application

Four-Phase Healing Protocol Overview integrates metabolic science with biblical stewardship. Document personal

baseline metrics (with physician approval where needed). Track meals, energy, and spiritual disciplines in the assignment log. Science describes mechanism; Scripture assigns meaning — your body is a temple of the Holy Spirit (1 Corinthians 6:19-20).

Common Objections and Pastoral Responses

When teaching **Four-Phase Healing Protocol Overview**, expect pushback:

- **"You're attacking my family tradition."** — Affirm love; distinguish people from unbiblical doctrines.
- **"All religions are the same."** — Ask which religion accounts for sin, the cross, and the empty tomb with evidence.
- **"That's your interpretation."** — Point to plain reading in context; invite joint Bible study.
- **"Christians are hypocrites."** — Agree sinners fail; Christ does not. Return to the gospel.

Draft a 150-word charitable response to one objection for your quiz preparation journal.

Practical Implementation

Four-Phase Healing Protocol Overview requires action:

- Complete the weekly checklist in your assignment folder.
- Share progress with an accountability partner.
- Connect physical or financial stewardship to worship — not anxiety or greed.
- Journal one prayer of gratitude for God's provision.

Discussion Questions

How does **Four-Phase Healing Protocol Overview** fit the source book's overall argument?

Which scripture was most decisive for you? Why?

Where might Christians misapply this material with pride or cruelty?

How would you teach this lesson to a high school homeschool cohort?

What gospel element (sin, cross, faith, response) must not be omitted in witness?

Summary and Next Steps

Lesson 4 organized *Healing Protocol* material on **Four-Phase Healing Protocol Overview**. Complete the module

quiz (70% to advance), update your witness or stewardship journal, and preview the next lesson's reading assignment.

Soli Deo gloria.

Supplemental Reading and Reflection

Assign one chapter from a standard systematic theology textbook or equivalent lecture notes. Summarize the author's definitions, note where Scripture proofs appear, and evaluate whether the Bible truly supports each claim. Theology students must read widely yet judge all teaching by the Word. Write a half-page response connecting supplemental reading to this lesson's theme.

Supplemental Reading and Reflection

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Historical Figure Spotlight

Research one defender of orthodoxy related to this doctrine—Augustine, Athanasius, Luther, Calvin, Spurgeon, or a modern missionary martyr. Write 150 words on how their context shaped their emphasis. Standing on their shoulders, we inherit confessions forged in controversy. Imitate their courage and Scripture saturation, not necessarily every cultural application.

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Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

Supplemental Reading and Reflection

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Ministry Case Study

Imagine a congregant confused about this lesson's topic after watching online teaching that contradicts historic evangelical doctrine. Draft a pastoral response email that (1) expresses empathy, (2) clarifies biblical teaching with two references, (3) invites in-person conversation, and (4) avoids condescension. Pastoral communication is part of theological training, not an optional soft skill.

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Historical Figure Spotlight

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Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

TBM-HP-101 — Lesson 5: Stewardship of the Body — 1 Corinthians 6

Introduction

Welcome to Lesson 5 of **Healing Protocol Foundations & Ketosis Science**. This session covers **Stewardship of the Body — 1 Corinthians 6**,

drawn from the structure of *Healing Protocol* in the **Wellness Track** track. Complete BS-FND-100 before

advanced TBM courses; AP-501 is recommended for apologetics-heavy tracks.

Twice Born Ministry book-track courses teach *from* published manuscripts — organizing chapter themes into college-level lessons without replacing the books. Purchase or borrow the source volume for full citations, charts, and extended case studies referenced in class.

Pray for wisdom and love before studying contested topics. We contend for souls, not scoring debate points (Jude 3; 1 Peter 3:15).

Book Structure and Teaching Aim

Stewardship of the Body — 1 Corinthians 6 advances the source book's cumulative case. Students should identify:

- (1) the claim being tested, (2) the evidence standard applied, (3) the scripture anchor, and
- (4) the witness or stewardship application.

Do not treat lesson summaries as a substitute for reading assigned book sections. Use this module to organize notes, prepare quizzes, and rehearse gospel conversations.

Scripture Exposition

Anchor **Stewardship of the Body — 1 Corinthians 6** in the Word. Assigned references:

- **Isaiah 8:20** — read in context; note who speaks, to whom, and why.
- **Acts 17:11** — read in context; note who speaks, to whom, and why.
- **2 Timothy 3:16-17** — read in context; note who speaks, to whom, and why.

Exegesis steps: (1) Read the full paragraph. (2) Define key terms biblically. (3) Compare with

clearer passages. (4) Apply to the worldview or practice under examination.

Evidence and Application

Stewardship of the Body — 1 Corinthians 6 integrates metabolic science with biblical stewardship. Document personal

baseline metrics (with physician approval where needed). Track meals, energy, and spiritual disciplines in the assignment log. Science describes mechanism; Scripture assigns meaning — your body is a temple of the Holy Spirit (1 Corinthians 6:19-20).

Common Objections and Pastoral Responses

When teaching **Stewardship of the Body — 1 Corinthians 6**, expect pushback:

- • **"You're attacking my family tradition."** — Affirm love; distinguish people from unbiblical doctrines.
- • **"All religions are the same."** — Ask which religion accounts for sin, the cross, and the empty tomb with evidence.
- • **"That's your interpretation."** — Point to plain reading in context; invite joint Bible study.
- • **"Christians are hypocrites."** — Agree sinners fail; Christ does not. Return to the gospel.

Draft a 150-word charitable response to one objection for your quiz preparation journal.

Practical Implementation

Stewardship of the Body — 1 Corinthians 6 requires action:

- • Complete the weekly checklist in your assignment folder.
- • Share progress with an accountability partner.
- • Connect physical or financial stewardship to worship — not anxiety or greed.
- • Journal one prayer of gratitude for God's provision.

Discussion Questions

How does **Stewardship of the Body — 1 Corinthians 6** fit the source book's overall argument?

Which scripture was most decisive for you? Why?

Where might Christians misapply this material with pride or cruelty?

How would you teach this lesson to a high school homeschool cohort?

What gospel element (sin, cross, faith, response) must not be omitted in witness?

Summary and Next Steps

Lesson 5 organized *Healing Protocol* material on **Stewardship of the Body — 1 Corinthians 6**. Complete the module

quiz (70% to advance), update your witness or stewardship journal, and preview the next lesson's reading assignment.

Soli Deo gloria.

Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

Supplemental Reading and Reflection

Assign one chapter from a standard systematic theology textbook or equivalent lecture notes. Summarize the author's definitions, note where Scripture proofs appear, and evaluate whether the Bible truly supports each claim. Theology students must read widely yet judge all teaching by the Word. Write a half-page response connecting supplemental reading to this lesson's theme.

Ministry Case Study

Imagine a congregant confused about this lesson's topic after watching online teaching that contradicts historic evangelical doctrine. Draft a pastoral response email that (1) expresses empathy, (2) clarifies biblical teaching with two references, (3) invites in-person conversation, and (4) avoids condescension. Pastoral communication is part of theological training, not an optional soft skill.

Supplemental Reading and Reflection

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Historical Figure Spotlight

Research one defender of orthodoxy related to this doctrine—Augustine, Athanasius, Luther, Calvin, Spurgeon, or a modern missionary martyr. Write 150 words on how their context shaped their emphasis. Standing on their shoulders, we inherit confessions forged in controversy. Imitate their courage and Scripture saturation, not necessarily every cultural application.

Historical Figure Spotlight

Research one defender of orthodoxy related to this doctrine—Augustine, Athanasius, Luther, Calvin, Spurgeon, or a modern missionary martyr. Write 150 words on how their context shaped their emphasis. Standing on their shoulders, we inherit confessions forged in controversy. Imitate their courage and Scripture saturation, not necessarily every cultural application.

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Supplemental Reading and Reflection

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Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

TBM-HP-101 — Lesson 6: Metabolic Healing Science Summary

Introduction

Welcome to Lesson 6 of **Healing Protocol Foundations & Ketosis Science**. This session covers **Metabolic Healing Science Summary**,

drawn from the structure of *Healing Protocol* in the **Wellness Track** track. Complete BS-FND-100 before

advanced TBM courses; AP-501 is recommended for apologetics-heavy tracks.

Twice Born Ministry book-track courses teach *from* published manuscripts — organizing chapter themes into college-level lessons without replacing the books. Purchase or borrow the source volume

for full citations, charts, and extended case studies referenced in class.

Pray for wisdom and love before studying contested topics. We contend for souls, not scoring debate points (Jude 3; 1 Peter 3:15).

Book Structure and Teaching Aim

Metabolic Healing Science Summary advances the source book's cumulative case. Students should identify:

- (1) the claim being tested, (2) the evidence standard applied, (3) the scripture anchor, and
- (4) the witness or stewardship application.

Do not treat lesson summaries as a substitute for reading assigned book sections. Use this module to organize notes, prepare quizzes, and rehearse gospel conversations.

Scripture Exposition

Anchor **Metabolic Healing Science Summary** in the Word. Assigned references:

- **Isaiah 8:20** — read in context; note who speaks, to whom, and why.
- **Acts 17:11** — read in context; note who speaks, to whom, and why.
- **2 Timothy 3:16-17** — read in context; note who speaks, to whom, and why.

Exegesis steps: (1) Read the full paragraph. (2) Define key terms biblically. (3) Compare with clearer passages. (4) Apply to the worldview or practice under examination.

Evidence and Application

Metabolic Healing Science Summary integrates metabolic science with biblical stewardship. Document personal

baseline metrics (with physician approval where needed). Track meals, energy, and spiritual disciplines in the assignment log. Science describes mechanism; Scripture assigns meaning — your body is a temple of the Holy Spirit (1 Corinthians 6:19-20).

Common Objections and Pastoral Responses

When teaching **Metabolic Healing Science Summary**, expect pushback:

- • **"You're attacking my family tradition."** — Affirm love; distinguish people from unbiblical doctrines.
- • **"All religions are the same."** — Ask which religion accounts for sin, the cross, and the empty tomb with evidence.
- • **"That's your interpretation."** — Point to plain reading in context; invite joint Bible study.
- • **"Christians are hypocrites."** — Agree sinners fail; Christ does not. Return to the gospel.

Draft a 150-word charitable response to one objection for your quiz preparation journal.

Practical Implementation

Metabolic Healing Science Summary requires action:

- • Complete the weekly checklist in your assignment folder.
- • Share progress with an accountability partner.
- • Connect physical or financial stewardship to worship — not anxiety or greed.
- • Journal one prayer of gratitude for God's provision.

Discussion Questions

How does **Metabolic Healing Science Summary** fit the source book's overall argument?

Which scripture was most decisive for you? Why?

Where might Christians misapply this material with pride or cruelty?

How would you teach this lesson to a high school homeschool cohort?

What gospel element (sin, cross, faith, response) must not be omitted in witness?

Summary and Next Steps

Lesson 6 organized *Healing Protocol* material on **Metabolic Healing Science Summary**. Complete the module

quiz (70% to advance), update your witness or stewardship journal, and preview the next lesson's reading assignment.

Soli Deo gloria.

Ministry Case Study

Imagine a congregant confused about this lesson's topic after watching online teaching that contradicts historic evangelical doctrine. Draft a pastoral response email that (1) expresses empathy, (2) clarifies

biblical teaching with two references, (3) invites in-person conversation, and (4) avoids condescension. Pastoral communication is part of theological training, not an optional soft skill.

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Worship Integration

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Historical Figure Spotlight

Research one defender of orthodoxy related to this doctrine—Augustine, Athanasius, Luther, Calvin, Spurgeon, or a modern missionary martyr. Write 150 words on how their context shaped their emphasis. Standing on their shoulders, we inherit confessions forged in controversy. Imitate their courage and Scripture saturation, not necessarily every cultural application.

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Supplemental Reading and Reflection

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Historical Figure Spotlight

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Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

Historical Figure Spotlight

Research one defender of orthodoxy related to this doctrine—Augustine, Athanasius, Luther, Calvin, Spurgeon, or a modern missionary martyr. Write 150 words on how their context shaped their emphasis. Standing on their shoulders, we inherit confessions forged in controversy. Imitate their courage and Scripture saturation, not necessarily every cultural application.

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TBM-HP-101 — Lesson 7: Prayer and Physician Partnership

Introduction

Welcome to Lesson 7 of **Healing Protocol Foundations & Ketosis Science**. This session covers **Prayer and Physician Partnership**,

drawn from the structure of *Healing Protocol* in the **Wellness Track** track. Complete BS-FND-100 before

advanced TBM courses; AP-501 is recommended for apologetics-heavy tracks.

Twice Born Ministry book-track courses teach *from* published manuscripts — organizing chapter themes into college-level lessons without replacing the books. Purchase or borrow the source volume for full citations, charts, and extended case studies referenced in class.

Pray for wisdom and love before studying contested topics. We contend for souls, not scoring debate points (Jude 3; 1 Peter 3:15).

Book Structure and Teaching Aim

Prayer and Physician Partnership advances the source book's cumulative case. Students should identify:

- (1) the claim being tested, (2) the evidence standard applied, (3) the scripture anchor, and
- (4) the witness or stewardship application.

Do not treat lesson summaries as a substitute for reading assigned book sections. Use this module to organize notes, prepare quizzes, and rehearse gospel conversations.

Scripture Exposition

Anchor **Prayer and Physician Partnership** in the Word. Assigned references:

- **Isaiah 8:20** — read in context; note who speaks, to whom, and why.
- **Acts 17:11** — read in context; note who speaks, to whom, and why.
- **2 Timothy 3:16-17** — read in context; note who speaks, to whom, and why.

Exegesis steps: (1) Read the full paragraph. (2) Define key terms biblically. (3) Compare with clearer passages. (4) Apply to the worldview or practice under examination.

Evidence and Application

Prayer and Physician Partnership integrates metabolic science with biblical stewardship. Document personal

baseline metrics (with physician approval where needed). Track meals, energy, and spiritual disciplines in the assignment log. Science describes mechanism; Scripture assigns meaning — your body is a temple of the Holy Spirit (1 Corinthians 6:19-20).

Common Objections and Pastoral Responses

When teaching **Prayer and Physician Partnership**, expect pushback:

- **"You're attacking my family tradition."** — Affirm love; distinguish people from unbiblical doctrines.
- **"All religions are the same."** — Ask which religion accounts for sin, the cross, and the empty tomb with evidence.
- **"That's your interpretation."** — Point to plain reading in context; invite joint Bible study.
- **"Christians are hypocrites."** — Agree sinners fail; Christ does not. Return to the gospel.

Draft a 150-word charitable response to one objection for your quiz preparation journal.

Practical Implementation

Prayer and Physician Partnership requires action:

- Complete the weekly checklist in your assignment folder.
- Share progress with an accountability partner.

- • Connect physical or financial stewardship to worship — not anxiety or greed.
- • Journal one prayer of gratitude for God's provision.

Discussion Questions

How does **Prayer and Physician Partnership** fit the source book's overall argument?

Which scripture was most decisive for you? Why?

Where might Christians misapply this material with pride or cruelty?

How would you teach this lesson to a high school homeschool cohort?

What gospel element (sin, cross, faith, response) must not be omitted in witness?

Summary and Next Steps

Lesson 7 organized *Healing Protocol* material on **Prayer and Physician Partnership**. Complete the module

quiz (70% to advance), update your witness or stewardship journal, and preview the next lesson's reading assignment.

Soli Deo gloria.

Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

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Supplemental Reading and Reflection

Assign one chapter from a standard systematic theology textbook or equivalent lecture notes. Summarize the author's definitions, note where Scripture proofs appear, and evaluate whether the Bible truly supports each claim. Theology students must read widely yet judge all teaching by the Word. Write a half-page response connecting supplemental reading to this lesson's theme.

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Historical Figure Spotlight

Research one defender of orthodoxy related to this doctrine—Augustine, Athanasius, Luther, Calvin, Spurgeon, or a modern missionary martyr. Write 150 words on how their context shaped their emphasis. Standing on their shoulders, we inherit confessions forged in controversy. Imitate their courage and Scripture saturation, not necessarily every cultural application.

Ministry Case Study

Imagine a congregant confused about this lesson's topic after watching online teaching that contradicts historic evangelical doctrine. Draft a pastoral response email that (1) expresses empathy, (2) clarifies biblical teaching with two references, (3) invites in-person conversation, and (4) avoids condescension. Pastoral communication is part of theological training, not an optional soft skill.

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TBM-HP-101 — Lesson 8: Personal Health Baseline Assessment

Introduction

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drawn from the structure of *Healing Protocol* in the **Wellness Track** track. Complete BS-FND-100 before

advanced TBM courses; AP-501 is recommended for apologetics-heavy tracks.

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Book Structure and Teaching Aim

Personal Health Baseline Assessment advances the source book's cumulative case. Students should identify:

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Exegesis steps: (1) Read the full paragraph. (2) Define key terms biblically. (3) Compare with clearer passages. (4) Apply to the worldview or practice under examination.

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Draft a 150-word charitable response to one objection for your quiz preparation journal.

Practical Implementation

Personal Health Baseline Assessment requires action:

- • Complete the weekly checklist in your assignment folder.
- • Share progress with an accountability partner.
- • Connect physical or financial stewardship to worship — not anxiety or greed.
- • Journal one prayer of gratitude for God's provision.

Discussion Questions

How does **Personal Health Baseline Assessment** fit the source book's overall argument?

Which scripture was most decisive for you? Why?

Where might Christians misapply this material with pride or cruelty?

How would you teach this lesson to a high school homeschool cohort?

What gospel element (sin, cross, faith, response) must not be omitted in witness?

Summary and Next Steps

Lesson 8 organized *Healing Protocol* material on **Personal Health Baseline Assessment**. Complete the module

quiz (70% to advance), update your witness or stewardship journal, and preview the next lesson's reading assignment.

Soli Deo gloria.

Worship Integration

Select a hymn or worship song rich in biblical doctrine (e.g., "Holy, Holy, Holy," "And Can It Be," "A Mighty Fortress"). Analyze its lyrics for theological accuracy in light of this lesson. Lead family worship using that hymn, reading one supporting passage before singing. Theology should enliven corporate praise, not remain abstract.

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Supplemental Reading and Reflection

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Ministry Case Study

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Worship Integration

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Appendix A — Assignments

Week 01

Week 01 Assignment — Reflection Journal

Course: TBM-HP-101 · Healing Protocol Foundations & Ketosis Science

Week focus: TBM-HP-101 — Lesson 1: Welcome to the Healing Protocol

Learning objective (Bloom's taxonomy)

Students will **analyze** course content from **TBM-HP-101 — Lesson 1: Welcome to the Healing Protocol** with KJV integration and measurable evidence in the submission.

Task

Analyze: Write a 300–500 word reflection on **TBM-HP-101 — Lesson 1: Welcome to the Healing Protocol**. Include at least two KJV citations and one personal application.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, Lesson, Welcome, Healing

Week 02

Week 02 Assignment — Memory Verse Application

Course: TBM-HP-101 · Healing Protocol Foundations & Ketosis Science

Week focus: TBM-HP-101 — Lesson 2: How Ketosis Supports Healing

Learning objective (Bloom's taxonomy)

Students will **apply** course content from **TBM-HP-101 — Lesson 2: How Ketosis Supports Healing** with KJV integration and measurable evidence in the submission.

Task

Apply: Recite this week's memory verse from memory, then write 250 words explaining how it applies to daily discipleship.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, Lesson, Ketosis, Supports

Week 03

Week 03 Assignment — Expository Outline

Course: TBM-HP-101 · Healing Protocol Foundations & Ketosis Science

Week focus: TBM-HP-101 — Lesson 3: Macronutrients, Micronutrients, Electrolytes

Learning objective (Bloom's taxonomy)

Students will **outline** course content from **TBM-HP-101 — Lesson 3: Macronutrients, Micronutrients, Electrolytes** with KJV integration and measurable evidence in the submission.

Task

Outline: Produce a structured outline (400+ words) for the main passage in **TBM-HP-101 — Lesson 3: Macronutrients, Micronutrients, Electrolytes**. Include pericope titles and one-sentence themes.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, Lesson, Macronutrients, Micronutrients

Week 04

Week 04 Assignment — Discussion Response

Course: TBM-HP-101 · Healing Protocol Foundations & Ketosis Science

Week focus: TBM-HP-101 — Lesson 4: Four-Phase Healing Protocol Overview

Learning objective (Bloom's taxonomy)

Students will **explain** course content from **TBM-HP-101 — Lesson 4: Four-Phase Healing Protocol Overview** with KJV integration and measurable evidence in the submission.

Task

Explain: Answer two discussion prompts from the Week 4 reading in 200 words each. Cite KJV only.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, Lesson, Phase, Healing

Week 05

Week 05 Assignment — Practical Ministry Step

Course: TBM-HP-101 · Healing Protocol Foundations & Ketosis Science

Week focus: TBM-HP-101 — Lesson 4: Four-Phase Healing Protocol Overview

Learning objective (Bloom's taxonomy)

Students will **demonstrate** course content from **TBM-HP-101 — Lesson 4: Four-Phase Healing Protocol Overview** with KJV integration and measurable evidence in the submission.

Task

Demonstrate: Complete one practical ministry action tied to **TBM-HP-101 — Lesson 4: Four-Phase Healing Protocol Overview** (visit, prayer walk, family worship, or service). Submit a 200-word report plus optional photo upload.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Manual review (practical/upload).

Pass: 70%

Rubric (100 points)

Week 06

Week 06 Assignment — Witness Outline

Course: TBM-HP-101 · Healing Protocol Foundations & Ketosis Science

Week focus: TBM-HP-101 — Lesson 5: Stewardship of the Body — 1 Corinthians 6

Learning objective (Bloom's taxonomy)

Students will **construct** course content from **TBM-HP-101 — Lesson 5: Stewardship of the Body — 1 Corinthians 6** with KJV integration and measurable evidence in the submission.

Task

Construct: Draft a 3-minute spoken witness outline using this week's theme. Include gospel bridge, one objection with biblical answer, and call to faith.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, Lesson, Stewardship, Corinthians

Week 07

Week 07 Assignment — Cross-Reference Study

Course: TBM-HP-101 · Healing Protocol Foundations & Ketosis Science

Week focus: TBM-HP-101 — Lesson 6: Metabolic Healing Science Summary

Learning objective (Bloom's taxonomy)

Students will **compare** course content from **TBM-HP-101 — Lesson 6: Metabolic Healing Science Summary** with KJV integration and measurable evidence in the submission.

Task

Compare: Find three cross-references that illuminate **TBM-HP-101 — Lesson 6: Metabolic Healing Science Summary**. Write 400 words comparing themes (OT + NT).

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, Lesson, Metabolic, Healing

Week 08

Week 08 Assignment — Historical Context Brief

Course: TBM-HP-101 · Healing Protocol Foundations & Ketosis Science

Week focus: TBM-HP-101 — Lesson 7: Prayer and Physician Partnership

Learning objective (Bloom's taxonomy)

Students will **describe** course content from **TBM-HP-101 — Lesson 7: Prayer and Physician Partnership** with KJV integration and measurable evidence in the submission.

Task

Describe: Write 350 words on historical/literary context for **TBM-HP-101 — Lesson 7: Prayer and Physician Partnership**. Minimum four KJV citations.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, Lesson, Prayer, Physician

Week 09

Week 09 Assignment — Christological Connection Essay

Course: TBM-HP-101 · Healing Protocol Foundations & Ketosis Science

Week focus: TBM-HP-101 — Lesson 8: Personal Health Baseline Assessment

Learning objective (Bloom's taxonomy)

Students will **evaluate** course content from **TBM-HP-101 — Lesson 8: Personal Health Baseline Assessment** with KJV integration and measurable evidence in the submission.

Task

Evaluate: Explain how **TBM-HP-101 — Lesson 8: Personal Health Baseline Assessment** points to Christ in 400–600 words. Use literal-grammatical-historical method.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, Lesson, Personal, Health

Week 10

Week 10 Assignment — Teaching Prep

Course: TBM-HP-101 · Healing Protocol Foundations & Ketosis Science

Week focus: TBM-HP-101 — Lesson 8: Personal Health Baseline Assessment

Learning objective (Bloom's taxonomy)

Students will **design** course content from **TBM-HP-101 — Lesson 8: Personal Health Baseline Assessment** with KJV integration and measurable evidence in the submission.

Task

Design: Prepare a 5-minute teaching outline for **TBM-HP-101 — Lesson 8: Personal Health Baseline Assessment** suitable for a small group or homeschool lesson.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, Lesson, Personal, Health

Week 11

Week 11 Assignment — Integration & Review

Course: TBM-HP-101 · Healing Protocol Foundations & Ketosis Science

Week focus: TBM-HP-101 — Lesson 8: Personal Health Baseline Assessment

Learning objective (Bloom's taxonomy)

Students will **synthesize** course content from **TBM-HP-101 — Lesson 8: Personal Health Baseline Assessment** with KJV integration and measurable evidence in the submission.

Task

Synthesize: Synthesize the top five themes from Healing Protocol Foundations & Ketosis Science. 600 words, minimum six KJV citations, one paragraph on personal growth.

Submit: Text via LMS assignment form. PDF upload optional for longer work.

Grading

Grading mode: Auto-grade eligible (written text).

Pass: 70%

Rubric (100 points)

Auto-grade hints

Keywords for automated pre-check: KJV, Christ, Scripture, God, Lesson, Personal, Health

Week 12

Creative Ministry Project — TBM-HP-101

Course: Healing Protocol Foundations & Ketosis Science

Code: TBM-HP-101

Learning objective (Bloom's taxonomy)

Students will **create** an original ministry artifact synthesizing course themes with KJV fidelity and scholarship-gallery quality.

Overview

Complete an original **Creative Ministry Project** demonstrating what you learned in this course. Select one project type when submitting your assignment. Approved work may appear in the [Scholarship

Gallery](<https://twicebornministry.com/bible-school/scholarships/>) so supporters can **donate toward student scholarships** — you retain credit and ownership of your work.

> This is ministry education, not a sale of intellectual property. Donations fund scholarships.

Project types

Requirements

Original work — cite all Scripture in KJV; footnote other sources.

Course connection — explicitly tie your project to at least two module themes from TBM-HP-101.

Ministry focus — aim to edify believers or reach seekers with the gospel.

Upload — submit via the **Creative Ministry Project** assignment at the end of the course; select your project type in the form.

Length guides:

- Written: 800–1500 words
- Audio/Video: see durations above
- Photography: 1–3 images + caption
- Application: working prototype + 300-word user guide

Grading rubric (100 points)

Pass: 70%

Scholarship gallery

If your project is approved, it may be listed at /bible-school/scholarships/ with a **Support this student** donation button. Supporters give toward the scholarship fund for your project type — not to purchase your content.

Prayer

> *"Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O LORD, my strength, and my redeemer."* — Psalm 19:14 (KJV)

Grading

Grading mode: Manual review (creative upload).

Pass: 70%

Rubric (100 points)

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Appendix B — Key Terms & Passages

- • Isaiah 8:20
- • Acts 17:11
- • 2 Timothy 3:16-17
- • "You're attacking my family tradition."
- • "All religions are the same."
- • "That's your interpretation."
- • "Christians are hypocrites."